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MILWAUKEE COUNTY EMS PRACTICAL SKILL POCKET MASK VENTILATION

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Purpose: To ventilate a patient when a bag-valve-mask is not available			Indications:		
			Any patient with inadequate or absent		
To administer supplemental oxygen			respiratory effort		
To reduce exposure to the patient's upper	respiratory secretions				
Advantages:	Disadvantages:	Complications:		Contraindications:	
Barrier device to provide mouth-to-mouth ventilation without direct contact with secretions	Does not prevent aspiration	Gastric distention		Facial or upper airway trauma	
Provides supplemental oxygen					
Easier to obtain face seal by using 2 hands to seal the face mask					

Select and insert oropharyngeal or nasopharyngeal airway

Attach one-way valve on mask

Attach oxygen delivery tube to oxygen source and mask inlet valve

Turn on oxygen and adjust liter flow to 8 - 10 liters/minute

Seal mask on patient's face, narrow end at bridge of nose, wide end between lower lip and chin (Reverse for infant)

Hold mask on patient's face with both hands and lift chin up and back

Maintain airtight seal

Ventilate patient by blowing into the top of the one-way valve with sufficient force to attain an observable chest rise

If resistance is felt, reassess the airway, taking measures necessary to maintain an open airway

Remove mouth from the mask, allowing patient to exhale while holding the mask firmly on the face